

# Long Covid

**Pain? Brain Fog? Neurological symptoms?**

## **Volunteers Needed for Research Study on Long Covid and Chronic Pain/Neurological Symptoms**

Do you have Long Covid or Post Acute Sequelae of Covid (PASC)?

Do you suffer from chronic pain or neurological dysfunction?

You may be eligible for a 45-minute educational presentation to improve your pain, help you understand why you have pain, and what you can do to help your pain.

### **You may qualify if you**

- Are between 18 and 80 years old
- Suffer from Long Covid
- Are experiencing pain or neurological symptoms for more than 3 months

### **Participation Involves**

- Listening to a 45-minute presentation in a small group setting (less than 10 people) about the neuroscience of pain and how it pertains to Long Covid
- Fill out some basic questionnaires about your pain and your thoughts about your pain before and 7 days after the presentation.

### **Potential Benefits**

- Participants may have a decreased pain experience, increased function, improved self-efficacy and improved quality of life.

### **Location**

- Signature Physical Therapy, 1393 Calle Avanzado, San Clemente, CA, 92673
- Date January 27<sup>th</sup> 2023

Participants will not be compensated.

**For more information please contact:**

**Belinda McDonald at 949-481-0015 or email [belinda@signaturept.com](mailto:belinda@signaturept.com)**

